

How can we help?

We're always open

Call our **free & confidential** helpline for immediate emotional support or visit the website to find out about additional support.

Call for free, 24/7 365 days on:
08088 021 122



We are here for **emotional** support



We can help you get your **finances** back on track



Helping you **solve** everyday problems



Scan here or visit us at
groceryaid.org.uk

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Need a chat?

Call our helpline for immediate emotional support and to discuss what other services may benefit you.



Are you counting every penny?

Get help managing your finances & budgeting for the future. Visit our website to see if you are eligible for a non-repayable grant.



Problem to solve?

Receive accurate information on everyday issues, including legal, financial and consumer rights.



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