

YOUR INDUSTRY CHARITY

GroceryAid has been providing emotional, practical and financial support for grocery colleagues since 1857.

Spending over £4.25m annually and supporting thousands of people in need we work in partnership with hundreds of supporters across the trade including:

- Multiple Retailers
- Wholesalers
- Convenience Stores
- Independents
- Manufacturers
- Service providers

GroceryAid can help with a wide range of topics including mental health and wellbeing support, family and relationship advice, debt management, back to work support, and counselling. Specialist counsellors are also available for those who have experienced a traumatic incident through our Workplace Critical Incident support.

Financial grants can help those who may be experiencing hardship due to a change in circumstances*. This could help someone fleeing domestic violence moving into a secure home, help towards rent arrears to keep a grocery colleague in their home or support where a household has seen a reduction in income due to ill health.

GROCERYAID HELPLINE:

08088 021 122

www.groceryaid.org.uk



In addition to this support, the charity's Covid-19 Fund has been established to provide enhanced support for colleagues during this unprecedented period, with mental health support, financial grants, and bereavement financial assistance.

If you or a colleague are struggling and feel like there is nowhere to turn, please get in touch to see if GroceryAid can help. The freephone Helpline is completely confidential and available 24 hours a day, seven days a week, all year round. Or you can access support via their website.

*subject to meeting eligibility criteria

USEFUL LINKS

[Covid-19 Advice & Support](#)

[Emotional Support](#)

[Counselling](#)

[Relationship Advice](#)

[Workplace Critical Incident Support](#)

[Financial Assistance](#)

[Covid-19 Fund](#)

[Health & Wellbeing Support](#)

[Woebot](#)

[Mental Wellbeing Young People](#)

[Back to Work Support](#)

[Debt Advice](#)

[Legal Advice](#)

[Management Support](#)

GroceryAid is the trading name of the National Grocers Benevolent Fund. A Registered Charity Reg. No 1095897 (England and Wales) & SC039255 (Scotland). A company limited by guarantee, registered in England and Wales No 04620683

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