

PROVIDING SUPPORT FOR CARERS

Is someone in your household ill or disabled and needs your support?

From your first day of employment, you can access:

- Emotional support 24/7, 365 days a year via the helpline
- Information on topics including benefits
- Free legal and financial advice



After six months of employment, you could be eligible for:

One-off, non-repayable financial support

- Carer's Gateway grant
- Financial grant if you are experiencing a loss of income



Call the free and confidential Helpline on

08088 021 122

or visit www.groceryaid.org.uk/get-help/carers-support for more information

