



WE'RE HERE

We provide emotional, practical and financial support for all grocery colleagues through the 24/7 Helpline and website.

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GROCERYAID HELPLINE:

08088 021 122

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Financial Grants

Covid-19 Fund & Advice

Counselling & CBT Support

AI Emotional Support

Health and Wellbeing

Online Wellbeing
Community for ages 11-25

Family & Relationship
Support

Workplace Critical Incident
Support

Managers Help &
Information line

Telephone Information
Specialists

Debt Advice

Gambling Support

Legal Advice

Back to Work Support



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