

PROUDLY HELPING COLLEAGUES LIKE ALICE



“ Having a disabled child has been life changing, mentally, physically and financially. I had to give up my career to care for him. It's hard but rewarding as he's truly inspirational. You guys have lifted a massive weight with your emotional & financial support and I cannot thank you enough. ”

If you're struggling to cope
call our free, confidential Helpline on
08088 021 122 or visit **www.groceryaid.org.uk**
for advice and support.

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